

# LSD

**Lysergic Acid Diethylamide**  
**Common Names: Acid, Botter, Tabs**

## Basic Info

LSD is a hallucinogenic chemical derived from Ergot. Ergot is a fungus that is found growing on rye grains. When this compound is extracted from the fungus, the hallucinogenic properties are intensified and used for recreational purposes. Like many hallucinogens, LSD causes a person to go on a 'trip' where visual hallucinations distort the real world; colors can be heard, and sound can be tasted.



## Effects

- Altered perception of time and space
- Visual and auditory hallucinations
- Synesthesia (blending of senses)
- Enhanced emotions and introspection
- Spiritual or mystical experiences

## Onset & Duration

- Onset: 30–90 minutes after ingestion
- Peak: 2–5 hours
- Total duration: 8–12 hours

## Methods of Use

- Blotter paper (most common)
- Liquid drops
- Sugar cubes or microdots

## Potential Risks

- Anxiety, paranoia, panic attacks
- Impaired judgment, risk-taking behavior
- Persistent perceptual changes ("flashbacks")
- Rare: Hallucinogen Persisting Perception Disorder (HPPD)
- Risk of triggering latent psychosis in vulnerable individuals

## Harm Reduction Tips

- Safe, comfortable setting ("set and setting")
- Trusted, sober trip sitter present
- Start with low dose
- Avoid mixing with other substances
- Stay hydrated, but don't overhydrate

## Legal Status

- Classified as a Schedule I substance in the U.S.
- Illegal in most countries
- Limited exceptions for clinical research

## Interesting Facts

- Famous in 1960s counterculture movements
- Research resurgence in modern psychedelic therapy
- Studied for potential benefits in depression, anxiety, PTSD, end-of-life care